

LIST OF FRIDAY ACTIVITIES (CLASSES I)

S.No.	Date	Activity	Learning Outcome
1	12.4.2024	Ice Breaking Activity- Students will prepare an emotions wheel through which they tell their feelings in different situations.	C4.2- Recognizes different emotions and make a deliberate effort to regulate them appropriately.
2	19.4.2024	Design Class Rules - Students will frame rules and regulations for class with their class teacher.	C 1.4- Adopts and follow norms with agency and understanding.
3	26.4.2024	My Healthy Bite (Culinary Art) (Intra-Class Competition) Students will prepare their healthy lunch box and discuss its nutritious value.	C- 1.1- Shows a liking for and understanding of nutritious food and does not waste food.
4	3.5.2024	Shuuuu..... Students will write a secret of their life on a piece of paper without mentioning their name. The teacher will share the secrets with everyone and other children will try to guess the name of the child whose secret is read by the students.	C10.8 - Express their understanding and experiences.
5	10.5.2024	Touch of Nature (Bird House) (Intra-Class Competition) The purpose of this activity is to make students observe how birds make nests out of found material. Students will explore and find the material required to prepare a birdhouse in a nearby park and then prepare a birdhouse from it.	C- 6.1 Shows care for and joy in engaging with all life forms.
6	17.5.2024	Mother's Day Crown Students will prepare a crown for their mother on the theme —My Super Mom	C- 12.3- Innovates and works imaginatively to express ideas and emotions through the arts.

7	5.7.2024	<p>My Times (Craft a Journal)</p> <p>Students will paste the selected cutouts from the newspaper/magazine on an A4 size sheet. They will choose a unique name for the newspaper. Students will make sure that all kinds of necessary news must be there in the newspaper i.e., sports news, educational news etc.</p>	C-10.7- Reads and comprehends the meaning of short news items, instructions and recipes, and publicity material.
8	12.7.2024	<p>English Handwriting (Intra- Class Competition)</p>	C- 10.3 Recognizes all the letters of the alphabet (forms of Akshara) of the script and uses this knowledge to read and write words)
9	19.7.2024	<p>Newspaper Bag Bonanza</p> <p>Students transform old newspapers into eco-friendly bags. Through simple folding and gluing techniques, students learn about sustainability and recycling while creating functional items.</p>	C- 13.3 Observation, wonder, curiosity, and exploration: Observes minute details of objects, wonders and explores using various senses, tinkers with objects, asks questions.
10	26.7.2024	<p>Charades Challenge</p> <p>Students take turns acting out simple words or phrases while their classmates guess what they're portraying. The student with the most correct guesses wins.</p>	C- 12.2 Explores and plays with own voice, body, spaces, and a variety of objects to create music, role play, dance and movement.
11	2.8.2024	<p>Toilet Etiquette</p> <p>The Teacher will show a PPT related to toilet etiquette. Students will visit their school washroom and learn the following-</p> <ul style="list-style-type: none"> ● Always close the door. ● Remember to flush. ● Don't pee on and around the seat. ● Cover the toilet seat before leaving the washroom. ● Always wash your hands. ● Wipe your hands with the towel and napkin. ● Always throw the used napkin in the dustbin. <p>Students will also write slogans on the importance of personal hygiene and share them with the class.</p>	C- 1.2 Practices self-care and hygiene

12	9.8.2024	<p align="center">Being Independent</p> <p>Students will prepare their daily routine timetable that makes them punctual and helps them to determine their goals.</p>	C-4.1 Starts recognizing ‘self’ as an individual belonging to a family and community.
13	16.8.2024	<p align="center">Token of Love</p> <p>Teacher will tell students about Raksha Bandhan. Students will prepare a performance dedicated to their brother or sister.</p>	C-4.2 Recognizes different emotions and makes deliberate efforts to regulate them appropriately
14	23.8.2024	<p align="center">Bansuri decoration (Intra class competition)</p> <p>students will have the opportunity to decorate their own miniature Bansuri flutes, inspired by the traditional Indian musical instrument</p>	C-12.5 Communicates and appreciates a variety of responses while creating and experiencing
15	30.8.2024	<p align="center">Grace them!</p> <p>Students will make a handmade paper flower for their favorite teacher.</p>	C- 12.1 Explores and plays with a variety of materials and tools to create two- dimensional and three-dimensional artwork in varying sizes.
16	6.9.2024	<p>Table manners – Students will learn</p> <ul style="list-style-type: none"> ● How to wear a bib/apron/place napkin on lap ● How to ask for things on the table ● How to properly hold a spoon and fork ● How to sit and behave on table 	<p>C- 1.5 Shows awareness and acts appropriately.</p> <p>C- 1.1 Practices basic self-care and hygiene</p>
17	13.9.2024	<p align="center">Hindi Handwriting Competition</p>	C 10.3 Recognizes all the letters of the alphabet (forms of Akshara) of the script and uses this knowledge to read and write words)
18	20.9.2024	<p align="center">Future Journalists</p> <p>Students will play the role of a journalist and they will give updates to their classmates with current news. Students will give a unique name to their news channel through which he/she will broadcast the latest news.</p>	C -10.7 Reads and comprehends the meaning of short news items, instructions and recipes, and publicity material.

19	27.9.2024	Swachh Bharat (Gandhi Jayanti) Teachers will educate students about Swachh Bharat Abhiyan and the importance of cleanliness. Students will draw and colour on the above theme.	C- 1.3 Keeps school/classroom hygienic and organized.
20	4.10.2024	English Poem Recitation (Intra-Class Competition)	C-9.1 Listens to and appreciates simple songs, rhymes, and poems
21	11.10.2024	Ravana Puppet Making Teacher will tell a story to little kids with props, music, and puppets. Students will make a simple puppet of the demon Ravana and write one of their bad habits which they want to diminish from their life on a piece of paper. They will throw off that piece of paper signifying the doing away of life specific bad habits.	C -12.1 Explores and plays with a variety of materials and tools to create two-dimensional and three-dimensional artwork in varying sizes.
22	18.10.2024	—Step by Step” Students will do folding clothes activities. They will bring shirts and trousers from home and do this activity.	C 3.3 Shows precision and control in working their hands and fingers.
23	25.10.2024	Best Costume (Intra-Class Competition) Theme- Halloween	C-12.5 Communicates and appreciates a variety of responses while creating and experiencing different forms of art, local culture, and heritage.
24	8.11.2024	FIT INDIA(YOGA) Students will prepare different asanas under the guidance of their yoga teacher.	C- 3.2 Shows balance, coordination, and flexibility in various physical activities.
25	22.11.2024	FIT INDIA(Aerobics) Students will perform choreographed exercises under the guidance of their dance teacher. (Quiz related to fit India will be shared with students)	C- 3.1 Shows coordination between sensorial perceptions and body movements in various physical activities.
26	29.11.2024	Junior Explorers Students will do a science experiment under the guidance of their teacher.	C- 7. 2 Observes and understands cause and effect relationships in nature by forming simple hypothesis and uses observations to explain their hypothesis.
27	6.12.2024	Believe in Yourself/ Be the Entrepreneur (Intra-Class Competition) Students will play the role of entrepreneur. They will launch a new product with a	C-7.3 Uses appropriate tools and technology in daily life situations and for learning.

		<p>distinctive name and special features. Students present their products in front of the class.</p>	
28	13.12.2024	<p>ROAD SAFETY Teacher will discuss safety rules and traffic signs. (A quiz will be shared related to the same.) Students will also prepare a poster on the theme —Road Safety!.</p>	<p>C- 1.5 Shows awareness of safety in movements (walking, running, cycling) and acts appropriately.</p>
29	20.12.2024	<p>Sing-Along and Caroling! Students will prepare Christmas carols and present them in the December month special assembly.</p>	<p>C- 9.1 Listens to and appreciates simple songs, rhymes, and poems.</p>
30	10.1.2025	<p>Resolution Board Instead of simply writing ideas for resolution, students will create a board or collage full of images that symbolize what they want to do and see this year.</p>	<p>C -13.1 Attentions and intentional action: acquires skills to plan, focus, attention, and direct activities to achieve specific goals.</p>
31	17.1.2025	<p>Hindi Hai Hum-Desh Bhakti Geet (Intra-Class Competition) Students will sing patriotic songs dedicated to our soldiers and freedom fighters.</p>	<p>C- 9.2 Creates simple songs and poems on their own.</p>
32	24.1.2025	<p>Tricolor Craft Students will create tricolor crafts such as paper flags, paper flowers, or tricolor handprint art.</p>	<p>C-12.3 Innovates and works imaginatively to express a range of ideas and emotions through the arts.</p>
33	31.1.2025	<p>Quiz Competition Theme Basant Panchami Conduct a Saraswati quiz to test students' knowledge about the goddess Saraswati, her attributes, and her role in Hindu mythology.</p>	<p>C - Effective Information Retrieval and application through Interactive Engagement.</p>
34	7.2.2025	<p>Untold story inside you (Part 1) The Teacher will narrate a classic story to kids. Students will make puppets of their favorite characters from.</p>	<p>C- 9.5 Comprehends narrated/ read out story and identifies characters, storyline and what the author wants to say</p>

35	14.2.2025	<p style="text-align: center;">Untold story inside you (Part 2)</p> <p>Students will create a different story with the same characters and narrate it in front of the class with the help of puppets prepared by them.</p>	<p>C- 9.6 Narrates short stories with clear plot and characters.</p>
36	21.2.2025	<p style="text-align: center;">Hindi Poem Recitation (Intra-Class Competition)</p>	<p>C-9.1 Listens to and appreciates simple songs, rhymes, and poems</p>
37	28.2.2025	<p style="text-align: center;">Bandaging Basics (Theme-First-Aid)</p> <p>The Teacher will explain to students about first-aid. Students will learn how to properly apply different types of bandages, such as adhesive bandages (Band-Aids) for small cuts and gauze wraps for larger wounds.</p>	<p>C- 1.6 Understands unsafe situations and ask for help.</p>
38	March 2025	<p style="text-align: center;">RECAPITULATION</p> <ul style="list-style-type: none"> ● Classroom rules ● Road Safety ● Steps to wash hands ● How to wear mask ● Precaution from infectious diseases around us ● Table Manners ● Toilet Etiquette 	