LIST OF FRIDAY ACTIVITIES (PRE-NURSERY – KG) 2022-2023

S.NO	DATE	Activity Name	Learning Objective
1	April 8,2022	Ice Breaking Activity- Introduction of Self	Attitude- To build rapport among students. Skills - To develop the skills to express about themselves. Knowledge - To know about classmates.
2	April 22,2022	Hand wash activity Students will learn the steps to wash hands properly. Students will hand wash songs with action.	Attitude-To develop interest towards tidiness. Skills-Students will learn the correct way of washing hands. Knowledge-To know the steps of washing hand.
3	April 29,2022	Cooking Without Fire(Intra-Class Competition) Students will cook a healthy dish and share its recipe with their peers.	Attitude - To develop interest towards cooking. Skills - To prepare healthy and nutritious food. Knowledge - To know the ingredients of the recipe made.
4	May 6,2022	Mother's Day Crown Students will prepare a crown for their mother on the theme "My Super Mom"	Attitude-To show gratitude for mother. Skills-To use fine motor skills. Knowledge- To acknowledge the efforts and role of mothers in their life.
5	May 13,2022	Being Independent Folding clothes activity Students will bring shirt and trousers and learn how to fold it in a proper manner.	Attitude-To develop interest in organizing of their belongings. Skills-To develop their fine motor skills. Knowledge- To arrange clothes properly.

6	May 20,2022	Students will learn how to pack lunch box Activity. Students will learn to pack healthy food and lunch for school.	Attitude - To develop interest towards cooking. Skills - To prepare a healthy and nutritious lunch box. Knowledge - To know the ingredients of the recipe made.
7	July 8,2022	Citrus fruit Students will sit with a basket of fruits and differentiate between citrus fruits and non-citrus fruits.	Attitude- To develop interest about different fruits. Skills- To develop the skills to observe different fruits. Knowledge-To know different kinds of citrus fruits and their qualities.
8	July 15,2022	Step by Step Arrange the bag according to time table. Students will learn how to arrange books according to time table.	Attitude- To develop a sense of belongingness. Skills- To develop their reading skills. Knowledge- To recognizing their school books.
9	July 22,2022	Story Narration(Intra-Class Competition) Students will create a story based on the clues given by the teacher.	Attitude- To develop interest towards stories. Skills- To create and retain a new story. Knowledge- To boost their speaking skills.
10	July 29,2022	Recapitulations of hand wash activity.	
11	August 5,2022	Token of Love Teacher will tell students about Rakshabandhan.	Attitude - To appreciate sisterly and brotherly respect and love. Skills - To develop social-emotional skills.

		Students will prepare a performance dedicated to their brother or sister.	Knowledge - To learn about the relationship and bond among brother and sister.
12	August 12,2022	Tricolor sandwich To raise the spirit of patriotism, students prepare tri color sandwiches with bread, cucumber, cheese and tomato in a very interesting manner. The tricolor pattern followed for the sandwich making, invigorated the students' curiosity and they eagerly listened to the significance of the tri-colors in our national flag.	Attitude-To develop interest in cooking. Skills- To develop cooking skills. Knowledge-To know the significance of the tri-color in our national flag.
13.	August 26,2022	Puppeteer(Intra-Class Competition) Teacher will narrate a story to the students and then they will make a puppet of the character they liked the most from the story.	Attitude-To develop student's interest towards the artistic world of puppetry. Skills - To develop presentation skills. Knowledge - To be able to represent the characters visually.
14	September 2,2022	Teacher's Day Students will write a message or thank you note for their favorite teacher.	Attitude- To develop respect and admiration for teachers. Skills - To develop writing skills. Knowledge - To know about your teacher.
15	September 9,2022	Dressing Up Teacher will teach followings- Wearing trousers	Attitude - To prevent wastage of time and energy. Skills- To use fine motor skills.

		Buttoning the shirtPut tieWear belt	Knowledge- To develop dressing etiquettes.
16	September 16.2022	Ganesh Chaturthi Students will learn the significance of mantras in our culture. Students will make lord Ganesha with the help of leaves and learn Sanskrit mantras related to it with their meaning.	Attitude-To develop student's interest towards leaf carving and develop a belief in God. Skills- To use fine motor skills. Knowledge- To learn correct pronunciation of mantras with their meaning.
17	September 23,2022	Table Manners Students will learn · How to wear bib/apron/put napkin on lap · How to ask for things on table · How to properly hold a spoon and fork . How to sit and behave on table	Attitude - To know how to behave at the dining table. Skills -To be able to apply basic eating etiquettes in their everyday life. Knowledge - To know the use of various cutlery and vocabulary related to it.
18	September 30,2022	Swachh Bharat (Gandhi Jayanti) Students will bring a white cloth (Old white T-shirt) and they will paint a slogan on it related to cleanliness.	Attitude - To develop sensitivity towards the environment. Skills - To develop innovative skills. Knowledge - To gain knowledge about Swachh Bharat Abhiyan.
19	October 7,2022	Dussehra(Intra-Class Competition)	Attitude - To appreciate craft in the form of clay modeling. Skills - To develop coordination

		Teacher will recite a small story related to the festival of the Dussehra. Then students will make Ravana with the help of clay.	and fine motor skills. Knowledge - To gain knowledge about the Dussehra festival.
20	October 14,2022	Toilet Etiquette Teacher will show PPT related to toilet etiquette. Students will visit their school washroom and learn the followings- Always close the door. Remember to flush. Don't pee on and around the seat. Cover toilet seat before leaving the washroom. Always wash your hands. Wipe your hands with the towel and napkin. Always throw the used napkin in the dustbin.	Attitude - To develop awareness about hygiene. Skills - To develop toilet training skills. Knowledge- To be able to outline rules to keep the toilet clean and hygiene also to avoid transmission of germs and infections.
21	October 21,2022	Eco-friendly Diwali Teacher will initiate discussion with students about customs and rituals people follow on Diwali and reasons behind those customs with the values related to it. Students will also prepare	Attitude - To develop the joy of celebrating festivals together. Skills- To apply their culinary skills in making eco-friendly Diwali. Knowledge-To know the importance and history of Diwali.

		edible diya.	
22	October 28,2022	Halloween (Intra-Class Competition) Fancy Dress Competition	Attitude - To develop self-confidence and overcome shyness. Skills - To develop language and literacy skills. Knowledge - To know the importance and history of Halloween.
23	November 4,2022	FIT INDIA Teachers will show PPT to students explaining the importance of physical fitness and different ways to keep our body fit for example yoga, aerobics, jogging etc.	Attitude - To develop interest towards fitness. Skills - To develop motor skills. Knowledge-Students will get to know the various ways to keep themself fit.
24	November 11,2022	FIT INDIA(YOGA) Students will prepare different asana under the guidance of their yoga teacher.	Attitude-To bring about behavioral changes and move towards a more physically active lifestyle. Skills - To improve a child's coordination, balance, posture and flexibility. Knowledge - To know about different asana and their benefits.
25	November 18,2022	FIT INDIA(Aerobics) Students will perform choreographed exercises	Attitude-To bring about behavioral changes and move towards a more physically active lifestyle.

		under the guidance of their dance teacher. (Oral Quiz related to fit India will be conducted by the teacher in charge.)	Skills - To improve a child's coordination, balance, posture and flexibility. Knowledge - To know about the importance of physical fitness.
26	November 25,2022	Recapitulation of table manners.	
27	December 9,2022	Making Bookmark Students will make bookmarks of different cartoon characters.	Attitude - To develop the knowledge of using bookmarks. Skills - To develop creative skills. Knowledge - To learn the use of bookmarks.
28	December 16,2022	ROAD SAFETY Teacher will discuss safety rules and traffic signs. Mock road safety drill will be conducted related to the same. (Oral Quiz related to fit India will be conducted by the teacher in charge.)	Attitude - To demonstrate appropriate behavior in and around the vehicle. Skills - To develop concentration and listening skills. Knowledge - To know about various safety rules we follow on the road.
29	December 23,2022	Christmas(Craft Making) Teacher will show a story related to the birth of Jesus Christ.	Attitude - To develop the value of festivals of different religions. Skills - To develop fine motor skills.

		Students will prepare 3D Santa.	Knowledge - To know the importance and history of Christmas.
30	January 13,2023	Recap of toilet etiquettes activity.	
31	January 20,2023	Poem Recitation (Intra-Class Competition) Theme - Patriotism	Attitude - To overcome shyness and gain self-confidence. Skills - To develop voice modulation and sense of rhythm. Knowledge- To enhance their knowledge about our freedom fighters.
32	January 27,2023	World of Shapes Students will make scenery using different shapes.	Attitude- To be able to express in the form of art. Skills- To develop hand eye coordination. Knowledge - To learn different types of shapes and fun with these shapes.
33	February 3,2023	Activity (Untold story inside you) Teacher will narrate a classic story to kids. Students will make puppets of their favorite characters from the story.	Attitude - To develop interest towards stories. Skills -To boost their listening skills. Knowledge - To be able to represent the characters visually.
34	February 10,2023	Activity (Untold story inside you)(2) Students will create a different story with the same	Attitude - To develop interest towards stories. Skills – To enhance public speaking skills and confidence. Knowledge - To create and

		characters and narrate it in front of the class with the help of puppets prepared by them.	retain a new story.
35	February 17,2023	First-Aid Teacher will explain to students about first-aid. Students will give mock first-aid treatment to their peers.	Attitude - To develop a sense of safety. Skills - To make them capable of managing incidents. Knowledge - To learn to provide immediate attention to a sick or injured person at the scene.
36	February 23,2023	Costumes Around the World (Intra Class Coloring Competition)	Attitude - To be able to express in the form of art. Skills- To enhance creativity and decision-making skills. Knowledge - To gain more knowledge about costumes around the world.

LIST OF FRIDAY ACTIVITIES (CLASSES I & II) 2022-2023

S.No	Date	Activity	Learning Outcome
1.	April 8,2022	Ice Breaking Activity- Students will prepare an emotions wheel through which they tell their feelings in different situations.	Attitude- To build rapport among students. Skills - To develop the skills to express their emotions. Knowledge - To know about classmates.

2.	April 22,2022	Design rules and regulations - Students will frame rules and regulations for class with their class teacher.	Attitude-To know how to behave and the consequences of misbehaving. Skills - To enhance the skills to express their classroom expectations. Knowledge - To gain the understanding of rules and regulation in our life.
3.	April 29,2022	Shuuu Students will write their secret on a piece of paper without mentioning their name. Teacher will share the secrets with everyone and other children try to guess the name of the child whose secret is read by teacher	Attitude –To develop a sense of trust among each other which promotes cooperation. Skills - To learn how to express themselves and understand others. Knowledge- To know how to express their views in writing.
4.	May 6,2022	Mother's Day Crown Students will prepare a crown for their mother on the theme "My Super Mom"	Attitude-To show gratitude for mother. Skills-To learn the use of fine motor skills. Knowledge- To acknowledge the efforts and role of mothers in their

			life.
5.	May	Touch of nature (Bird House)	Attitude- To
	13,2022	(Intra-Class Competition)	encourage
			children to
		The purpose of this activity is to	empathize with
		make students observe how birds	birds.
		make nests out of found material.	Skills - To
		Students will explore and find	develop the
		material required to prepare a	creative skills to
		birdhouse in a nearby park and then	make a birdhouse.
		prepare a birdhouse from it.	Knowledge- To
			know the moral
			duties to provide
			food and water to
			living beings.
6.	May	"Step by Step"	_
	20,2022	Students will do folding clothes	Attitude - To
		activities. They will bring shirts and	develop interest
		trousers from home and do this	towards tidiness.
		activity.	Skills - To attain
			the ability to keep
			things in correct
			order.
			Knowledge - To
			learn the correct
			way to fold
			clothes and keep
			things in correct
7	July 9 2022	My Healthy Dita(Culinary Aut)	order.
7.	July 8,2022	My Healthy Bite(Culinary Art)	Attitude - To develop interest
		(Intra-Class Competition)	· •
		Students will prepare their healthy	towards cooking. Skills - To prepare
		lunch box and discuss its nutritious	a good and
		value.	nutritious lunch
		varae.	box.
			Knowledge - To
			know the
			ingredients of the
			recipe made.
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8.	July 15,2022	My Times (Craft a Journal) Students will paste the selected cut outs from the newspaper/magazine on an A4 size sheet. They will choose a unique name for the newspaper. Students will make sure that all kinds of necessary news must be there in the newspaper i.e. sports news, educational news etc.	Attitude - To develop the habit of reading newspapers. Skills - To develop language and literacy skills. Knowledge - To enhance their vocabulary.
9.	July 22,2022	English Handwriting Competition	Attitude - To understand the importance of good handwriting. Skills - To develop the ability to write neatly. Knowledge - To identify cursive writing patterns.
10.	July 29,2022	Being Independent Students will prepare their daily routine timetable that makes them punctual and helps them to determine their goal.	Attitude - To prevent wastage of time and energy. Skills - To develop time management skills. Knowledge - To understand the importance of time.
11.	August 5,2022	Token of Love Teacher will tell students about Rakshabandhan. Students will prepare a performance dedicated to their brother or sister.	Attitude - To appreciate sisterly and brotherly respect and love.

			Skills - To develop social-emotional skills. Knowledge - To learn about the relationship and bond between brother and sister.
12.	August 12,2022	Watch designer(Intra-Class Competition) Students as a watch designer will prepare a watch. The challenge is to create a special watch design for independence day. They have to advertise their watch and its special properties.	Attitude - To develop self-directed learning. Skills - To develop language and performing skills. Knowledge - To know special features or properties related to watches.
13.	August 26,2022	Toilet Etiquette Teacher will show PPT related to toilet etiquette. Students will visit their school washroom and learn the followings- • Always close the door. • Remember to flush. • Don't pee on and around the seat. • Cover toilet seat before leaving the washroom. • Always wash your hands. • Wipe your hands with the towel and napkin.	Attitude - To develop awareness about hygiene. Skills - To develop toilet training skills. Knowledge- To be able to outline rules to keep the toilet clean and hygiene also to avoid transmission of germs and infections.

14.	September 2,2022	 Always throw the used napkin in the dustbin. Students will also write slogans on the importance of personal hygiene and share it with class. Grace Them! Students will write a thank you note for their favorite teacher. 	Attitude- To develop respect and admiration for teachers. Skills - To develop writing skills. Knowledge - To
			know about your teacher.
15.	September 9,2022	Hindi Handwriting Competition	Attitude - To understand the importance of good handwriting. Skills - To develop the ability to write neatly. Knowledge - To identify writing patterns.
16.	September 16,2022	 Table manners – Students will learn How to wear bib/apron/put napkin on lap How to ask for things on table How to properly hold a spoon and fork How to sit and behave on table 	Attitude - To know how to behave at the dining table. Skills -To be able to apply basic eating etiquettes in their everyday life. Knowledge - To

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			know the use of
			various cutlery
			and vocabulary
			related to it.
17.	September	Future Journalist	Attitude - To
	23,2022	Students will play the role of	overcome shyness
		journalist and they will give updates	and gain
		to their classmates with current	self-confidence.
		news. Students will give a unique	Skills - To
		name to their news channel through	enhance their
		which he/she will broadcast the	speaking skills.
		latest news.	Knowledge - To
			enhance their
			knowledge for
			current affairs.
18.	September	Swachh Bharat (Gandhi Jayanti)	
	30,2022	Teachers will educate students about	Attitude - To
	,	swachh bharat abhiyan and	develop sensitivity
		importance of cleanliness. Students	towards the
		will bring a white cloth and they will	environment.
		paint a slogan on it related to	Skills - To
		cleanliness.	develop
			innovative skills.
			Knowledge - To
			gain knowledge
			about swachh
			bharat abhiyan.
19.	October	Ravana Puppet Making	Attitude- To
	7,2022	Teacher will tell a story to little kids	develop students'
	, - -	with props, music and puppets.	interest towards
		Students will make a simple puppet	the artistic world
		of demon Ravana and write one of	of puppetry.
		their bad habits which they want to	Skills - To
		diminish from their life. They will	develop
		throw off that puppet signifying the	presentation skills.
		doing away of life specific bad	Knowledge - To
		habits.	know about their
			bad habits and
			take initiative to
			overcome it.
			overcome it.

20.	October 14,2022	Stay Safe Teachers will discuss with students the precautions we should take to keep ourselves safe. Students will learn the steps to wash hands properly and the correct way to wear a mask.	Attitude - To develop the attitude toward cleanliness. Skills - To develop the skill of keeping themselves safe from infectious diseases. Knowledge - To learn about precautions we should take to keep ourselves safe.
21.	October 21,2022	Eco-friendly Diwali Teacher will initiate discussion with students about customs and rituals people follow on Diwali and reasons behind those customs with the value related to it. Students will also prepare edible diya.	Attitude - To develop the joy of celebrating festivals together. Skills- To apply their culinary skills in making eco-friendly Diwali. Knowledge-To know the importance and history of Diwali.
22.	October 28,2022	Halloween (Intra-Class Competition) Evil Face Mask	Attitude - To value global culture. Skills - To use their imagination to create masks and demonstrate motor skills by coloring, cutting and assembling an

			evil mask. Knowledge - To know the importance and history of Halloween.
23.	November 4,2022	FIT INDIA Teachers will show PPT to students explaining the importance of physical fitness and different ways to keep our body fit for example yoga, aerobics, jogging etc.	Attitude - To develop interest towards fitness. Skills - To develop motor skills. Knowledge-To know the various ways to keep themself fit.
24.	November 11,2022	FIT INDIA(YOGA) Students will prepare different asana under the guidance of their yoga teacher.	Attitude-To bring about behavioral changes and move towards a more physically active lifestyle. Skills - To improve a child's coordination, balance, posture and flexibility. Knowledge - To know about different asana and their benefits.
25.	November 18,2022	FIT INDIA(Aerobics) Students will perform choreographed exercises under the guidance of their dance teacher. (Quiz related to fit India will be shared with students)	Attitude-To bring about behavioral changes and move towards a more physically active lifestyle. Skills - To improve a child's coordination,

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			balance, posture
			and flexibility.
			Knowledge - To
			know about the
			importance of
			physical fitness.
26.	November	Believe in Yourself/ Be the	Attitude - To
	25,2022	Entrepreneur (Intra-Class	overcome shyness
		Competition)	and gain
			self-confidence.
		Students will play the role of	Skills -To enhance
		entrepreneur. They will launch a new	public speaking
		product with a distinctive name and	skills.
		special features. Students present	Knowledge – To
		their product in front of class.	enhance their
			knowledge about
			current affairs.
27.	December	ROAD SAFETY	Attitude - To
	2,2022	Teacher will discuss safety rules and	demonstrate
		traffic signs.	appropriate
		(A quiz will be shared related to the	behavior in and
		same.)	around the
			vehicle.
			Skills - To
			develop
			concentration and
			listening skills.
			Knowledge - To
			know about
			various safety
			rules we follow on
			the road.
28.	December	Poster Making Competition	Attitude - To
	9,2022	Theme-Road Safety	develope
	,- \		awareness about
			road safety.
			Skills -To ignite
			the fire of
			imagination and
			creativity in
			Cicativity III

		students. Knowledge - To know how to visually express their thoughts.
December 6,2022	Recapitulation of Table manners and Toilet Etiquette	
December 23,2022	CHRISTMAS-SPREAD HAPPINESS! Students will prepare Christmas cookies and share them with the less-privileged children.	Attitude-To develop a sense of sharing and making others happy. Skills - To prepare Christmas cookies Knowledge - To know the ingredients of the recipe made.
anuary 3,2023	Resolution Board Instead of simply writing ideas for resolution students will create a board or collage full of images that symbolize what they want to do and see this year.	Attitude - To develop the sense of self improvement. Skills - To enhance their creative, imaginative and problem solving skills. Knowledge - To envisage different kinds of resolution and track their yearly goals.
anuary 20,2023	Hindi Hai Hum-Desh Bhakti Geet (Intra-Class Competition)	Attitude - To develop a sense of

		Students will sing patriotic songs dedicated to our soldiers and freedom fighters.	patriotism. Skills - To develop voice modulation and sense of rhythm. Knowledge - To enhance their knowledge about our freedom fighters
33.	January 27,2023	Unsung Heroes Students will explore unsung heroes of our country and enlighten their contribution through JAM activity.	Attitude - To overcome shyness and gain self-confidence. Skills - To develop linguistic skills. Knowledge - To be able to tell about our unsung heroes.
34.	February 3,2023	Activity (Untold story inside you)(1) Teacher will narrate a classic story to kids. Students will make puppets of their favorite characters from the story.	Attitude - To develop interest towards stories. Skills -To boost their listening skills. Knowledge - To be able to represent the characters visually.
35.	February 10,2023	Activity (Untold story inside you)(2) Students will create a different story with the same characters and narrate it in front of the class with the help of puppets prepared by them.	Attitude - To develop interest towards stories. Skills – To enhance public speaking skills and confidence.

			Knowledge - To create and retain a new story.
36.	February 17,2023	First-Aid Teacher will explain to students about first-aid. Students will give mock first-aid treatment to their peers.	Attitude - To develop a sense of safety. Skills - To make them capable of managing incidents. Knowledge - To learn to provide immediate attention to a sick or injured person at the scene.
37.	February 24,2023	Clay Molding Theme – Spring Is Here!	Attitude - To appreciate craft in the form of clay modeling. Skills - To develop coordination and fine motor skills. Knowledge - To gain knowledge about the spring season.
38.	March 3, 2023	RECAPITULATION Classroom rules, Road Safety, Hand wash, How to wear mask, Precaution from infectious diseases around us, table manners, toilet etiquettes	